

## Daily messages from AmmaBhagavan for the August 2011

All psychological suffering is hurts and all hurts are same.

HAVE A DAY OF FORGIVENESS!

(31th of august 2011)

In helplessness, the mind is silent and opens itself to grace.

HAVE A GRACEFUL DAY !

(30th of august 2011)

Greatness should not be claimed. It should be realized.

HAVE A GREAT DAY!

(29th of august 2011)

Without humour the search for spirituality

can be a long and a painful affair.

HAVE A HUMOUROUS DAY !

(28th of august 2011)

The nature of the mind is to keep oscillating

between one stand and the other.

HAVE A SUCCESSFUL DAY!

(27th of august 2011)

When the mind is in a state of choicelessness,

the right choice arrives.

HAVE A DAY OF FREEDOM!

(26th of august 2011)

To be attentive to something is to attend to it

without any willed effort.

HAVE A FOCUSSED DAY!

(25th of august 2011)

No two people see the world alike.

HAVE A DAY OF RIGHT PERCEPTION!

(24th of august 2011)

Read yourself; not books.

HAVE A DAY OF REALISATION!

(23th of august 2011)

Everything is an idea to an unawakened person,  
even the physical universe.

HAVE A DAY OF EXPERIENCE!

(22th of august 2011)

Knowing your ignorance is real wisdom.  
HAVE A DAY OF WISDOM!  
(21th of august 2011)

Setting right relationships is one of the fastest  
ways to awakening.  
HAVE A PEACEFUL DAY!  
(20th of august 2011)

True silence is not the opposite of physical noise.  
It is absence of conflict.  
HAVE A DAY OF SILENCE!  
(19th of august 2011)

Awakened one lives in the present. God realized person  
lives in the presence.  
HAVE A BLISSFUL DAY!  
(18th of august 2011)

All activity is spiritual when there is no conflict.  
HAVE A DAY OF CLARITY!  
(17th of august 2011)

*Freedom is not in transformation of the content.  
Freedom is in experiencing the content as it is.*  
HAVE A DAY OF FREEDOM!  
(16th of august 2011)

The journey into the self ends in love. ...  
HAPPY DAY OF LOVE !  
(15th of august 2011)

To be exactly what you are and to feel helpless  
about it and ask for grace is humility.  
HAVE A GRACEFUL DAY!  
(14th of august 2011)

A truly courageous person is a truly non-violent person.  
HAVE A COURAGEOUS DAY!  
(13th of august 2011)

Consciousness has a living quality to itself.  
It has to be experienced in the absence of the mind.  
HAVE A PEACEFUL DAY!  
(12th of august 2011)

Be active in the external world, but be passive in the inner world.  
HAVE A BREAKTHRU DAY!  
(11th august 2011)

You are not a separate individual, but one of the  
strands in the humanity's web.  
HAVE A DAY OF UNDERSTANDING!  
(10th of august 2011)

There is either love, or no love.  
There is no concept of little love or more love.  
HAVE A DAY OF LOVE!  
(9th of august 2011)

You and Divine are the co-creators of your destiny  
HAVE A VICTORIOUS DAY!  
(8th of august 2011)

Relationship are stifling due to the frameworks you  
impose on them, not so friendship. Friendship is  
the best form of relationship.  
HAPPY FRIENDSHIP DAY!  
(7th of august 2011)

To be aware of one's emptiness, one's suffering,  
one's boredom is to seek awakening.  
HAVE A PASSIONATE DAY!  
(6th of august 2011)

Every incident, event or happening has a divine timing  
and a divine order and is divinely planned.  
HAVE A SACRED DAY!  
(5th of august 2011)

Two kinds of people live on the planet. Those who rise and sink  
with the tides of fortune and those who sail on the ocean of Grace.  
HAVE A GRACEFUL DAY!  
(4th of august 2011)

Desperation is the very anti thesis of helplessness.  
To be helpless entails faith and hence vulnerability.  
HAVE A DAY OF FAITH!  
(3th of august 2011)

To see everything in the form of principles is the highest intelligence.  
HAVE A MAGNANIMOUS DAY !  
(1th of august 2011)